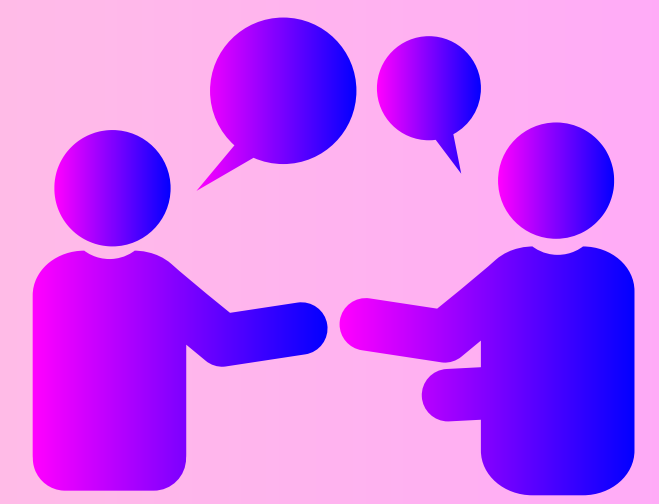




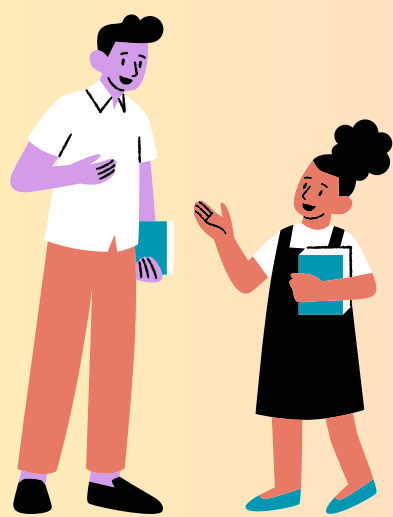
Bí Cineálta Policy



We want everyone at our school to
feel safe and happy.

What is bullying?

Bullying behaviour is
when someone **keeps**
being mean or hurtful
to others on **purpose**
over and over **again**.



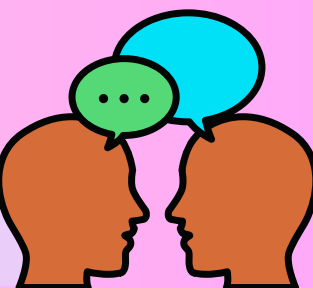
Is it bullying?

Is it **targeted**?

Is it **harmful**?

Is it **repeated**?

If you think that **you** are
being bullied or **someone**
else is being bullied, you
need to **tell a teacher** or
another adult that you **trust**.



If a student tells a staff member that they think they are being bullied,
we will:



Talk with the student

Ask the student what they want to happen

Work out a **plan** together

Talk to the parents/guardians if needed

Talk to the other student(s) involved

A problem shared is a problem halved



Who can you report to?

- Parents/Guardians
- Teachers
- Tutors/Year Heads
- SNAs
- Guidance Counsellors

They will know what to do
and how to help.

Get help!
Tell someone!



What types of bullying are there?

Physical bullying: Physically interacting with someone else in a harmful way

Verbal Bullying: Name calling, threatening or teasing

Social Bullying: Spreading rumours, encouraging exclusion or purposefully embarrassing someone

Cyber Bullying: Using the internet to deliberately hurt someone's feelings

