



12 February 2020

Dear 1st, 2nd, 3rd, 4th, 5th, 6th year students,

As you start your midterm break please note the following:



- the week ahead is a chance to relax from the remote schooling routine and to try to get a break from staring at a screen for hours a day - please use this break well - walk, exercise, meditate, sleep, read, eat well, listen to music - whatever you find helpful and healthy for you - and follow the public health guidelines to ensure we continue to work towards reducing restrictions;

- 3rd and 6th years may need to keep some revision going over midterm as they continue to work towards their Junior Cycle and

Leaving Certificate and LCA exams/assessments - but taking a break is really, REALLY important so please reduce your working time and increase your leisure time. We are all relying on the various stakeholders to produce a working plan for the State Exams and any alternatives. When a clear plan is in place you know that you can trust us to help and support you as we implement the plan, just as we trust you as students to engage with us in an atmosphere of mutual respect and with a spirit of cooperation. We will manage this together. Switch off from the media discussions if they are negatively affecting your wellbeing. There will be a resolution in the end and this decision when it comes will inform our final decision about Mock exams and other related issues.



- the school is closed over midterm and staff have been advised to set their 'out-of-office' status on Teams and email. If there is an emergency situation and you need support, you should contact the relevant support agencies available here: <http://lucancc.ie/news/>;
- thanks to the Deputy Principals, Year Heads, tutors and teachers who have run the remote assemblies for each year group and to all of the staff who are linking in with our students/parents - I know that they are all looking forward to a break from work for a while, as I am myself!
- as students, you have made incredible efforts to engage with remote schooling and as I write this email we have no date agreed for a return to the school building as yet. Once we know details about when we can start to have students back at school, we will be in touch with students and parents. For now, you should plan for returning to your remote classes on Teams from Monday 22nd February. If anything changes - I will be in touch!

Wishing you, your friends and your families a very happy and healthy midterm break with time to chill out, relax and take it easy. Looking forward to seeing you all again soon.

Diane Birnie  
(Principal)



